

COMMON PSYCHOSOCIAL HAZARDS

IN THE WORKPLACE

IDENTIFICATION & MITIGATION STRATEGIES

Workshop Description

In this practical and solution focused 3 hour workshop Tanya will get us all clear on the common psychosocial hazards in every workplace, and hone in on some of the most prevalent and high risk hazards.

Drawing on regulator and evidenced based guidelines and material as well as her own tools and tactics researched, tested and validated through her work this session is designed to lead change and equip OHS, Wellbeing and People leaders with contemporary skills to create safe and thriving environments. .

Duration + Outcome


3hrs face to face or 2.5 hours on line.

Your outcome will be awareness, knowledge and clarity around Psychological Health & Safety requirements and practical actionable every day tools and tactics that can prevent and manage the common psychosocial hazards.

This is about solutions, not risk ratings and formal OHSMS processes.

Cost of Workshop

Call Tanya on 0438 513 929 or email alexandra@tanyaheaneyvoogt.com for a quotation.



with Tanya Heaney-Voogt
Mentally healthy workplaces expert
Workplace and leadership coach
Workplace transformation consultant and author

Topics Included in Workshop

- The Occupational Health & Safety Umbrella
- The mental wellbeing continuum and impact of psychosocial hazards
- Defining work related stress
- The Psychological Health & Safety word salad
- Common Psychosocial Hazards in every workplace
- Workload management toolkit - and workbook
- Other tools and tactics for preventing, identifying and mitigating high risk psychosocial hazards.

Workshop Testimonial

"Every time I have engaged Tanya I have been impressed with the content, narrative and delivery; but most importantly the growth I witness firsthand in my teams."

– CEO, Community Sector
(Embracing & Growing Through Change team workshop).

Tanya
HEANEY-VOOGT